

TEAM B

Community Profile.

- main food sources
 - seasonality
 - food taboos
 - food prep, food practices, child feeding practices
 - foods sold/purchased in markets, seasonality, frequency, quantities
 - water quality (+ quantity)
 - ag. extension services
 - health care services
 - nutrition/health groups/school feeding programs
 - freq. of hrs/people who experience hunger
 - seasonal calendars
 - food sharing/reciprocity/exclusion
 - support groups (in times of need)
 - extent of malnutrition
 - some basic reasons for visiting health clinics
 - links b/t migration + health risk
- during pregnancy
 lactating, etc.
- health
 nutrition
 knowledge
- including
 Food aid etc.

Seasonality

- avail. / access

- diversity + by social groups

preparation + consumption practices

nutrition / health knowledge / support

Training #4: Global Study on Norms

TEAM C

LADDER OF LIFE

Ask how

- Define food security at each level
- What people eat at every level
& why
 - Frequency
 - Type
- Who cares for children
- Health, illness, → Support in Communities
 - How to address pregnancy at each level
- Size of mothers & children
 - If this has changed in 10 yrs
- How to increase health in moving up ladder

Training #4: Global Study on Norms

TEAM D

INNOVATION CAPACITIES

change in foods

change in spending

own prod

diets

food health

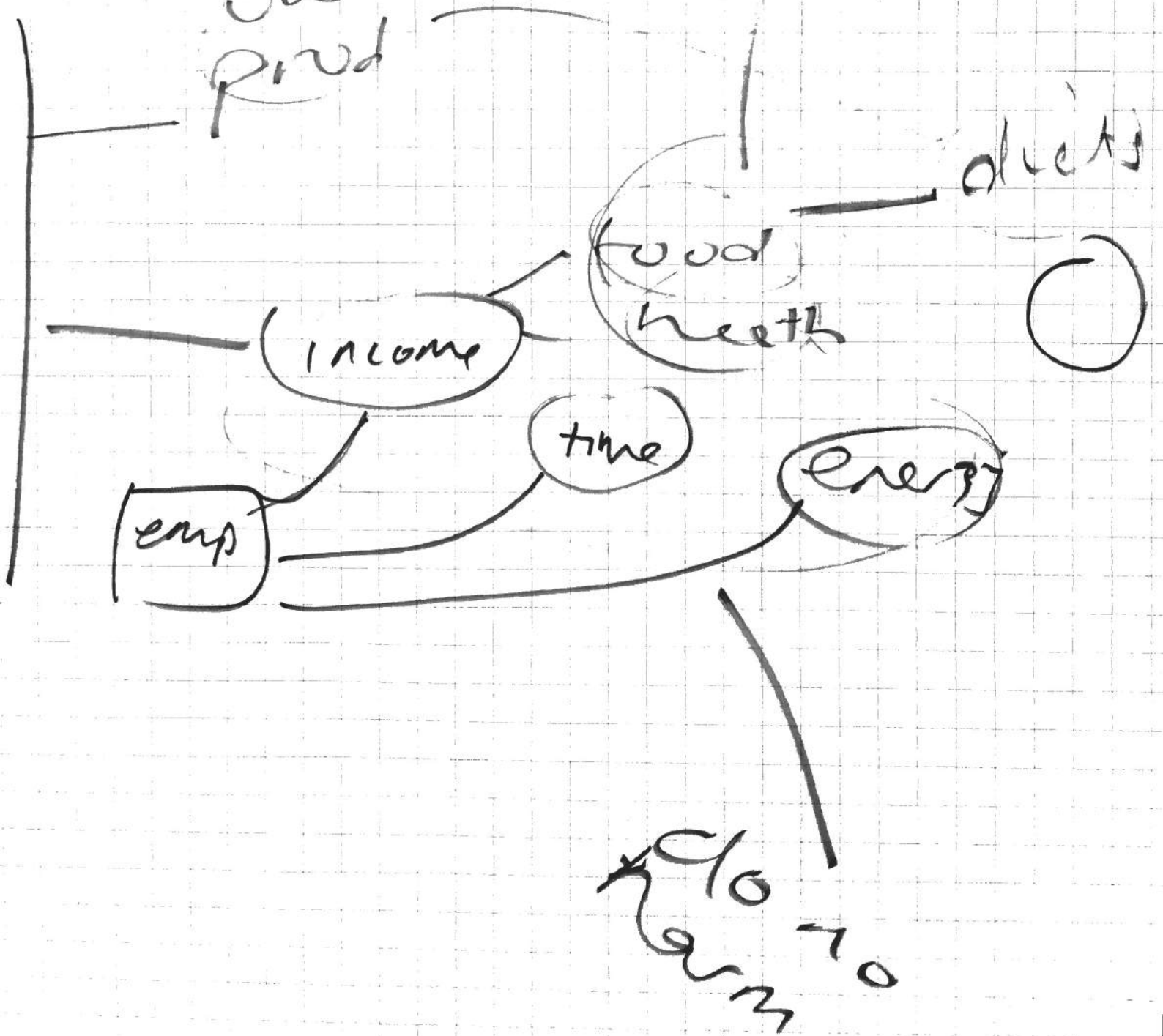
income

time

energy

emp

norms



TEAM E

Aspirations of the Youth

Norms

- 1) ^{***} What do you think are nutritious food / good quality for you?
 - 2) ~~How often~~ What is the distribution of good quality food in your household? Who eat better food?
think about it / (or about)
- Agency. How important is good quality food for you?
- 1) Are you able to get it?
What will enable you to get good quality food?
- Where do you get your information on nutrition?
 - * What are the constraints to good nutrition?
(eg: not grown, not enough options)
 - Do you think you know what good nutrition is?
 - What are the food related beliefs in your village that you were taught? Do you believe them yourself?
 - Do you know what services are available if you have health problems, are malnourished?
 - * What will get in the way from achieving good nutrition in the future?
 - * What other things would enable good nutrition for you?
 - What would you change nutrition wise when you have your own family?

Who influences food related decisions in ~~the household~~? your community?

- Who eats what?
- How much to sale, how much to consume?
- What is good for who?
- What are