

# NUTRITION 101

- Very context specific!

- discussed key considerations:

- Understanding expected pathway to nutrition impact → indicators
- potential use of national datasets
- importance of measuring whole diets (displacement) as well individual foods

## Sequencing of methods

Qual to refine tools

Quant to create representative values

Qual to help explain quant correlations  
— the "why" behind the "what"  
gain plausible explanations  
eliminate implausible explanations

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Do changes in DM = empowerment?  
What are key DM variables -

- Meta decision-making  
who decides who decides?  
tacit agreement?  
discussion?

Are we only capturing perceptions?

⚡ DM indicators seem problematic -  
Capture Gender Asset Index

# Time Use

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# Energy Burden

- intense time use data vs. more part. approaches?
- changes in gender attitudes around care practices, etc.
- do no harm
  - intervention doesn't neg. impact caregiving practices, quality of diet...
- innovative ways at getting at energy expend./ time use

# Integrating GENDER

into research programs

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Take-aways

① Focus on the objective of the program  
(reduce hidden hunger)

② From there, what gendered issues/considerations need to be examined to understand the constraints to reaching the goal.

What unifying question re: gender can tie all the projects together?

Example from Grain Legumes: What are the gendered yield gaps in each of the 8 product lines

So, thinking about the entire value chain for biofortified crops, where are the gendered gaps (control of income from crop sales; yield gaps; nutrition; intra-HH food distribution)